

PARENT TEEN CONFLICT

An educational group designed for parents and caregivers of teenagers, providing tools to maintain healthy relationships through adolescence.

Parents/Caregivers will learn:

- To better understand this difficult developmental stage and why conflict between parents and teenagers is normal
- How to maintain a supportive, encouraging and empowering relationship with your teen
- That teenagers are amazing and parents are too!

Register Today

Call 250-545-3572
Email groups@noyfss.org

NOYFSS.ORG

Oct 22 to Dec 10, 2025
Wednesdays from 5:30pm-7:30pm

This is a FREE program offered by NOYFSS
Participants must pre-register